







## You don't have to join the morning rush to reach your GP.

There are quick and easy ways to get in touch, and get the care you need.

- Choose the recommended routes below to avoid queues.
- However you contact us, a healthcare professional will assess your request in the same way, as soon as possible.
- Our aim is to give everyone **fair and equal access** to care.

Recommended



## Use the NHS App

It's **quick** and **safe** to contact us via the NHS App. Switch on app notifications to also receive messages about your care.

Recommended



## Visit our website

Get in touch via our surgery's website. It's **fast, secure** and your request is delivered straight to our team.

## Call or visit the surgery



If you cannot contact us online, you can still telephone or visit the surgery. We process all requests in the same way, so **no route is quicker than another**.

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